

Rainy River Best Start HUB

A Place for Families




Hours: Monday-Friday 10 am- 6 pm

11 Mill Avenue (In Riverview Elementary School)

Phone: 807-271-4266

Email: rainyriverbeststarhub@hotmail.com

Facebook: BestStartHubRR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>11:00 Paper plate turkeys</p> <p>4:00 "Stuff the turkey" toss game</p>	<p>3</p> <p>11:00 Thankful tree</p> <p>4:00 Thanksgiving dinner Pancakes & Fruit <i>Sign up by October 2</i></p>	<p>4</p> <p>11:00 Paper Turkey Wind Socks</p> <p>4:00 Thanksgiving table centrepieces <i>Sign up by October 2</i></p>	<p>5</p> <p>11:00 Fall walk/ exercise</p> <p>4:00 Mom's Scrapbooking Night</p>	<p>6</p> <p>11:00 Water play</p> <p>4:00 DIY Fall hand scrubs</p>	<p>7</p> <p>CLOSED</p>
<p>9</p> <p>CLOSED</p> 	<p>10</p> <p>11:00 Leaf Rubbing Collage</p> <p>4:00 Family game night: Air Hockey Table Tournament!</p>	<p>11</p> <p>11:00 DIY Bookmarks</p> <p>4:00 Make & Take Meal of the Month: Veggie Noodle Soup & Fruit Cobbler <i>Sign up by October 6</i></p>	<p>12</p> <p>11:00 Fall walk/ exercise</p> <p>2:00 Healthy for Life <i>see back for info</i> <i>Sign up by October 5</i></p> <p>4:00 "stained glass" mason jar craft</p>	<p>13</p> <p>11:00 Water play</p> <p>4:00 Movie and Snack Night <i>Sign up by October 10</i></p>	<p>14</p> <p>11:00 Story & Snack RR Public Library</p>
<p>16</p> <p>11:00 Halloween garland</p> <p>4:00 Painted Pallet signs <i>Sign up by October 12</i></p>	<p>17</p> <p>11:00 Keepsake Art: Ghost, Frankenstein</p> <p>4:00 Steeped Tea Fundraiser Kick Off & Desserts!</p>	<p>18</p> <p>11:00 Cork Stamp Art</p> <p>5:00 Dad and Me Soup Supper & Lego boats/ water play <i>Sign up by October 17</i></p>	<p>19</p> <p>10:30 Make The Connection</p> <p>2:00 Healthy for Life CLOSED AT 5:00 TODAY</p>	<p>20</p> <p>CLOSED</p>	<p>21</p> <p>11:00 Story & Snack RR Public Library</p>
<p>23</p> <p>11:00 Pumpkin Sensory Bin</p> <p>5:00 Parenting Presentation/ Soup Supper (see back page for info) <i>Sign up by October 20</i></p>	<p>24</p> <p>11:00 Halloween story and craft</p> <p>4:00 Doterra Oils Presentation</p>	<p>25</p> <p>11:00 Pumpkin decorating <i>Sign up by October 20</i></p> <p>4:00 Kinetic sand play</p>	<p>26</p> <p>10:30 Make The Connection</p> <p>2:00 Healthy for Life</p>	<p>27</p> <p>P.A. Day OPEN 10-4</p> <p>11:00 Spa Day!</p>	<p>28</p> <p>11:00 Story & Snack RR Public Library</p>
<p>30</p> <p>6:00-7:30 Family Halloween Party in the School Library (Must be supervised by adult)</p>	<p>31</p> <p>10:30 Toddler/ Preschool Halloween Party CLOSED TODAY AT 3:00 HAVE A SAFE HALLOWEEN!</p>	<p>This month we celebrate Autumn, Thanksgiving and Halloween! We are Thankful for our families and program partners. Please share this newsletter with friends and family who are new in the district, or who are visiting/ have visitors- everyone is welcome to attend programs/ activities, or stop in just to play. Everything is free, and no membership is required!</p>			

*** Policy***

For activities & programs that require registration, please register by the date required. We are not able to accept late registrations after the date stated. We will create a waiting list for those who contact us after the date, and if space becomes available we will contact those on the waiting list in order. For any questions or concerns, please contact us by calling, texting, or Facebook messaging us. Thanks for understanding!

Steeped Tea Fundraiser Kickoff!

The weather is getting colder, enjoy a warm cup of tea and support the Hub at the same time!

Enjoy delicious dessert while you browse the catalogue during our fall tea fundraiser!

With every purchase, the Hub will receive both product for families to enjoy here, and a percentage of sales to be used to purchase items!

Thanks!

Healthy for Life

This fun program helps families adopt healthy living habits that can reduce your risk of developing diseases such as type 2 diabetes. In just 6 short, small group sessions, you will get active, plan, cook, and take home healthy meals, set and reach realistic goals, receive prizes and giveaways, and MORE!

Sign up by calling the Northwestern Health Unit at 852-3268.



Make The Connection

A program for parents and children age 0-1 years old where you will learn to make the connection with your baby through love, parent discussions, music, and fun activities such as bubbles!

Mom's Scrapbooking Night

A great time to catch up on your scrapbooking projects, or start new ones. Bring in your own scrapbooking supplies, or use ours. Your children can play, while you get creative!

Make and Take Meal of the Month: Veggie Noodle Soup & Fruit Cobbler

Families work together preparing a delicious meal to take home and cook for dinner– we supply all of the ingredients!

Thankful Tree

Use your handprints to make the “leaves” for our thankful tree. Write what you are most thankful for, on your handprints and place them on our wall. We will be keeping our tree up for the entire month of October.

Parenting Presentation/Soup Supper

Presented by Joanne Davis– Infant Child Development KRRFCFC
Topics include discussion on positive parenting, child development, emotional regulation, and strategies to encourage learning and social skills! We will also discuss what topics are of interest to you and your family so we can plan programs/activities accordingly. Children's activities will be provided!

Doterra Oils Presentation

Melanie Murray will be here sharing some of her knowledge with us about how Essential Oils can make safe cleaners, stress relievers etc. No obligation to purchase oils!

Story & Snack at RR Public Library

Families with children of all ages, join us at the Library to listen to great stories, eat delicious snacks, and make crafts!



Pumpkin Decorating

Bring your fun and creative ideas to The Hub! We will have a variety of pumpkins for you and your family to decorate. No cutting required!

Family Halloween Party!

Dress up in your costume and be ready for some fun games, snacks, craft, and more! Children must be supervised by an adult, and the party will be held in Riverview School Library.

Thanksgiving Dinner: Pancakes & Fruit

We are so very thankful for our Hub Families! Come in and enjoy a stress free dinner with your family, play a game, make a craft– and no dishes to do after!

Toddler/Preschool (Not Spooky!) Halloween Party

Join us for some fun family games and activities. We will have a healthy, but exciting Halloween snack too!
Don't forget to wear your costumes!